

**DEPARTMENTAL PROFILE**  
**OF**  
**HOME SCIENCE**  
**DEPARTMENT**



**GOVT. WOMEN'S COLLEGE, PURI**

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## **1. Brief history of Home Science Department:**

Department of home science was initially started an intermediate level under CHSE, Odisha. Degree classes were opened in the year 2016 as honours subject with 16 seats. In the year 2019 hons degree 1<sup>st</sup> batch students passed out under the supervision of **H.O.D Associate Prof. Dr. Nibedita Mishra**. Department has its own space for class room-cum-laboratory, well equipped with as much as possible accessories required for smooth conduct of practical classes.

## **2. About Home Science:**

Home science as a discipline centres around home and family since its inception in the early part of twentieth century. It was originally conceptualised as an interdisciplinary applied science drawing upon the knowledge from physical, biological and social sciences to enhance family welfare. It is a field which emerged out of the need for training girls in the context of changes in socio-economic environment as well as changes in the family system and functions.

It is only recently that the importance of Home Science has been recognised. In its modern concept, Home Science is the systematic arrangement (both material & physical), for running individual homes, which would ultimately result in peace, prosperity and progress of human community. It motivates the community for better living. Home Science, more than other sciences has become a discipline dealing with people and community in its natural set up for betterment of their own life.

## **3. Objective of Home Science:**

The Main purpose of home science is the creation of an environment and outlook which will encourage, motivate and enable the common life. The learners understand the responsibilities of family membership, management of one's resources, making intelligent decision and selection of competing demands.

The broad objective of learning home science at the secondary level is to improve the quality of their personal life and professional life that contribute towards the betterment of the family and community.

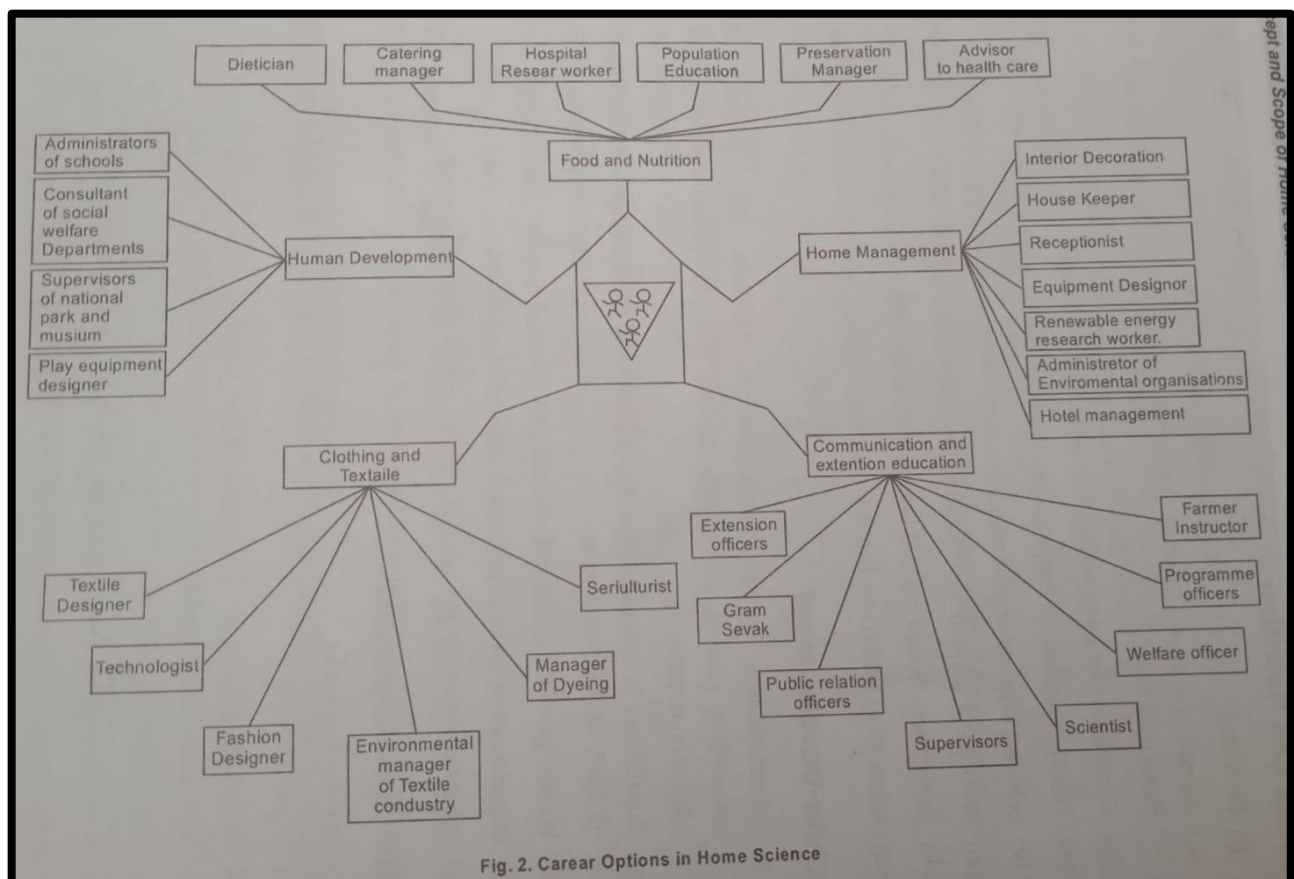
#### 4. Vision of the Department:

- To provide basic knowledge with quality education and at the same time inculcate a spirit of service and dedication.
- To empower students to respond creatively and with a sense of responsibility to the contemporary need of the society.
- To promote all round development of students through co-curricular activities.

#### 5. Mission:

To provide scientifically planned, multi-dimensional, skill oriented, personality development courses, which enable students to excel in areas of health, family care, community service and more importantly diverse careers and professions in modern society/changing society.

#### 6. Programme outcome:



## 7. Course offered:

- Honours -: Home Science.
- Generic Elective-: Home Science.

## 8. Sanctioned Strength: Honours.

- +3 1<sup>st</sup> year – 16
- +3 2<sup>nd</sup> year – 16
- +3 3<sup>rd</sup> year – 16

## 9. Course Detail in CBCS pattern: Core Course 1-14 Papers (Theory and Practical):

### ➤ Semester-1:

- C1-Human development I (Theory and Practical)
- C2- Food and Nutrition (Theory and Practical)
- GE-1- Human Nutrition (Theory)

### ➤ Semester-2:

- C3- Extension Education (Theory and Practical)
- C4- Family Resource Management (Theory and Practical)
- GE-2- Human Development and Family Studies (Theory)

### ➤ Semester-3:

- C5- Textile (Theory and Practical)
- C6- Dynamic Communication (Theory and Practical)
- C7- Personal Finance & Consumer studies (Theory and Practical)

### ➤ Semester-4:

- C8- Human Development II (Theory and Practical)
- C9- Nutrition: A life cycle Approach (Theory and Practical)
- C10- Fashion Design (Theory and Practical)

### ➤ Semester-5:

- C11- Therapeutic Nutrition (Theory and Practical)
- C12- Physiology and Promotive Health (Theory and Practical)
- DSE-1- Indian Textile Heritage (Theory and Practical)
- DSE-2- Communication systems and Mass Media (Theory and Practical)

## ➤ Semester-6:

C13- Research Methodology in Home Science (Theory and Practical)

C14- Socio Economic Environment (Theory and Practical)

DSE-3- Marriage and Family Relationship (Theory and Practical)

DSE-4- Project/ Public Nutrition (Theory and Practical)

## 10.Incumbency list of Faculties:

SL. NO	NAME	Designation	QUALIFICATION	Specialization	D.O. J	Teaching Experience
1	<b>Dr.Nibedita Mishra</b>	Professor/ H.O. D	M.A, B.Ed., M.Phil., Ph.D.	Extension Education	21.04.2018	33 years
2	<b>Banalata Panigrahi</b>	Guest faculty	M.A, M.Phil., Ph.D. (cont.)	Human Development	28.06.2017	6 years
3	<b>Sandhyarani Sahoo</b>	Guest faculty	M.A	Extension Education	17.09.2022	-
4	<b>Sudipta Nanda</b>	Guest faculty	M.A, M.Phil.,	Extension Education	11.01.2023	-

## 11.Departmental Activities:

### ➤ Academic Seminars and Webinars:

**Convenor- Prof. Dr. Nibedita Mishra- H.O.D, Home Science Department**

Sl. No	Topic Name	Funding Agencies	Year	Resource Person
1.	Adolescence attitude and behaviour towards parents	Seminar Fund	05.01.2022	Mr. Chakradhara Naik
2.	Stress Management	Seminar Fund	18.06.2022	Mr. Chakradhara Naik
3.	Marital adjustments of young women	Seminar Fund	16.12.2022	By Students
4.	Parental involvement and Adolescents academic success	Webinar	07.12.2020	Banalata Panigrahi
5.	Consumer Education and their rights	Webinar	09.01.2021	Chinmayee Sahoo

➤ **Non-Academic activities:**

1. Welcome Meeting
2. Farewell Meeting
3. Teachers Day Celebration
4. Study Tour

**12.Information Regarding Departmental Library:**

- Numbers of Books -150
- Number of Research Projects – 39

**13.Students Attendance in NCC/NSS/Red Cross:**

Sl. No	Name of the Students	Certificates
1	Puja Pradhan	NCC
2	Smaranika Swain	NCC
3	Chandni Sethi	NCC
4	Rajeswari Barik	NCC
5	Lopamudra Senapati	NCC

**14.Result Statics of Students:**

Sl No.	Details of Exams.	2020	2021	2022
1	Appeared Final Year Degree	15	11	15
2	Passed Final Year Degree	14	09	14
3	Passed in 1 <sup>st</sup> Class Hons.	06	09	14
4	With Distinction	02	03	06

Sl No.	Name of the Students	Passed out Batch	Further Study/Job Holders
1	Jivanjeeta Pattnayak	2019	CT in special education/Teacher
2	Mamina Pradhan	2020	Private Job
3	Kiran Prava Sahoo	2021	MBA
4	Krishna Pradhan	2021	Private School Teacher
5	Suchismita Samal	2022	PG in Home Sc.
6	Dibani Jena	2022	PG in Home. Sc

### 15.Students Progression:

### 16.List of Meritorious Alumni of the Department:

Sl.no	Name	Passing Out Year
1	Jibanjita Pattanyak	2019 (lead her batch)
2	Tapaswini Khuntia	2020 (lead her batch)
3	k.rajeswari Rao	2021(lead her batch)
4	Suchismita Samal	2022 (lead her batch)

### 17.Teachers Involved in co-curricular Activities

Sl no	Name of the Teacher	Co-Curricular Assigned
1.	Prof. Dr. Nibedita Mishra	Principal/H.O. D
2.	Banalata Panigrahi	Conducting practical exams, Invigilation Duty, Guide students for project work, Assemble meetings, etc.
3.	Sandhyarani Sahoo	Conducting practical exams, Invigilation Duty, Guide students for project work, Evaluate Internal Scripts, Assemble meetings, etc.
4.	Sudipta Nanda	Conducting practical exams, Invigilation Duty, Guide students for project work, Evaluate Internal Scripts, Assemble meetings, etc.

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## 18. Departmental Research Activities:

Home Science students have researched in many branches, such as Planning of Family Budget, Violence against Women, Adolescence awareness regarding social media, Women Empowerment, Stress Management, Food Safety Knowledge and Practices of Rural Women, Child Abuse, Probiotics in Food, etc.

## 19. Teacher's profile:



1.	Designation	Principal/H.O. D
2.	Department	Home Science
3.	Phone No	9438675665
4.	Email	<a href="mailto:little nibedita@gmail.com">littlenibedita@gmail.com</a>
5.	Teaching Experience	33 years
6.	Awarded by	Kumudini Smruti Puraschar by Bigyan Prachar Samiti At Revenshaw University, Cuttack For Popularising Research in Home Science.
7.	MA (Home Science)	Specialization- Extension Education Utkal University, 1985
8.	B.ED	Berhampur University
9.	M.phil (Home Science)	Sri Avinashlingum Home Science College for women, Bharathiar University, Coimbatore, 1986-87.
10.	Ph.D (Home Science)	Sambalpur University Year- 2010
11.	Research Guide	Ph.D.Scholar- 06 M.phil Scholar- 25 PG Scholars-70
12.	Book publication	18
13.	National and International Journal publication	15
14.	International/ National Seminar/Webinars	20
15.	Research Interest	Environmental Studies, Family Resource Management, Energy Conservation, Gender Issues, Emotional Intelligence, Teachers Bullying etc.

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1.	Designation	Guest faculty
2.	Department	Home Science
3.	Phone No	8018082943
4.	Email	<a href="mailto:banalatapanigrahi11@gmail.com">banalatapanigrahi11@gmail.com</a>
5.	Teaching Experience	5year, Lecturer in Home Science
6.	MA (Home Science)	Specialization- Human Development Div- 1 <sup>st</sup> Utkal University, 2015
7.	M.phil (Home Science)	Div- 1 <sup>st</sup> Berhampur University,2016
8.	Ph.D. (Home Science)	Continue Sambalpur university, 2022
9.	DNHE (Diploma in Nutrition and health education)	Div- 1 <sup>st</sup> IGNOU
10.	Book publication	01
11.	Journal publication	02
12.	International/ National Seminar	06
13.	International/National webinar	13
14.	Research Interest	Food and Nutrition, Human Development



1.	Designation	Guest faculty
2.	Department	Home Science
3.	Phone No	9668297380
4.	Email	<a href="mailto:sahoo1.sandhya1@gmail.com">sahoo1.sandhya1@gmail.com</a>
5.	M.A (Home Science)	Specialization- Extension Education Rama Devi Women's University Year- 2022

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1.	Designation	Guest faculty
2.	Department	Home Science
3.	Phone No	9853390073
4.	Email	<a href="mailto:sudiptananda33@gmail.com">sudiptananda33@gmail.com</a>
5.	Work Experience	5 Year, as Dietitian and Admin Manager in a private Hospital
6.	MA (Home Science)	Specialization- Extension Education Div- First with Distiction Utkal University, 2013
7.	M.phil (Home Science)	Div- 1 <sup>st</sup> Utkal University, 2014
8.	DNHE (Diploma in Nutrition and health education)	Div- 1 <sup>st</sup> IGNOU
9.	Seminar Attended	02
10.	Webinar Attended	02
11.	Medical Conference Attended	02

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## 20.PHOTO GALLERY

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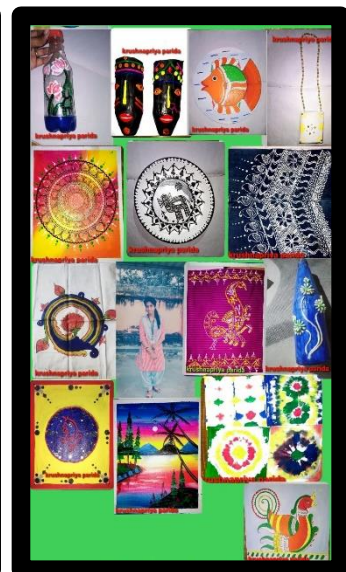
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## CAREER COUNSELLING WORKSHOP



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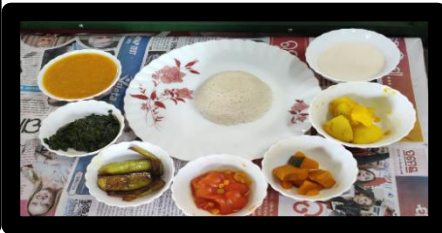


## **COOKING FOR DIFFERENT STAGES OF LIFE**



## **WEIGHT & MEASURE RAW & COOKED FOODS (PRACTICAL)**

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## WELCOME & FAREWELL MEETINGS

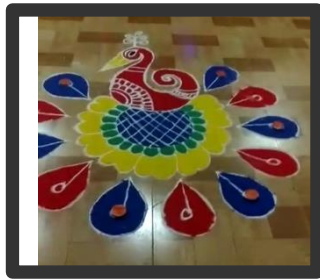
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## OTHER ACTIVITIES BY STUDENTS

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**RANGOLI FOR  
WELCOME  
THE FIFA MEN'S  
WORLD CUP  
HOCKEY 2022**



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